

# Research on the Influence of Football on Campus Sports Culture

Zheng Yang

Zhuhai College of Jilin University, Zhuhai, Guangdong, 519041, China

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**Abstract:** Football is One of the Sports That Modern College Students Like. It's Not Only Football, But Also the Rich Cultural Life on Campus. Football Will Bring Unique Fun and Experience. It's Not Only Determined to Lose, But Also Patriotic, Collectivistic, Joint and Cooperative. It's Good to Help Support the Family and Follow the Rules. the Spirit and Patience of the Team. It Not Only Makes the Body and Mind Joyful, Raises the Emotion, But Also Promotes the Sports Spirit Development, Such as the Innovation Spirit, the Diligence, the Competition, the Discipline and the Legal System as Well as the Student Solidarity. College Students Can Cultivate Their Own Collectivism, Fair Competition Principle, Sense of Responsibility, Organizational Discipline, and Other Excellent Sports Moral Quality in the Process of Participating in Football. These Sports Spiritual Culture is the Indispensable Soul to Construct the Campus Spiritual Culture. Football is a Good and Subtle Role in Promoting People's Spiritual World, So in This Report, the Construction of Sports Spiritual Culture is the Focus of the Analysis to Promote the Construction of Campus Sports Spiritual Culture.

## 1. Introduction

University is the Center of Cultural Communication, the Window of the Construction of Spiritual Civilization, and the Foundation of Training All Kinds of Qualified Professionals for the Country. At the Same Time, Higher Education Plays an Important Role in Setting Up a Correct World Outlook, Outlook on Life, Values and Morality for College Students. It Will Promote the Combination of Learning and Practice of College Students and Strengthen the Communication between University and Society. At the Same Time, We Should Enhance the Enthusiasm and Initiative of University Development. Sex and Creativity Have Very Important Position and Function.

In Order to Cultivate Higher Quality Talents Beneficial to the Country and Society, All Types of Universities and Colleges in China Always Play an Important Role in Spiritual Culture. with the Further Development of China's Reform and Opening Up and Market Economy System, the Social and Economic Development Has Laid a Solid Foundation for the Construction of College and Campus Culture. It Breaks the Old Ideas of University and Teachers and Students, Strengthens Their Consciousness of Equality, Democracy, Freedom, Competition and Subjectivity, and Has a Bad Impact on the Development of University Spiritual Civilization. Especially with the Strong Cultural Penetration from the Globalization and Information Network, in Recent Years, the Phenomenon of Social Ugliness and Corruption Has Become Increasingly Serious.

## 2. Campus Football and Campus Sports Culture

### 2.1 Campus Football

The origin of school football is the grass-roots football project development plan, what is the posture of football (school, club and club), and the principle of playing and mutual is that more people can regenerate goals in football, strengthen communication between them, enjoy the fun of football together, and bring them to the corner of the football world[1]. China's young people are in school, so the Chinese Football Association adheres to the spirit of "touching the world" in campus football FIFA and the grass-roots football with Chinese characteristics, which means the development suggestions of campus football.

The background of the new round of school football. In November 2014, CPC headquarters Committee and the Political Bureau of vice premier Liu Yandong were instructed by the national youth campus work telephone and video conference on campus football according to the State Council. In order to promote campus football, a series of measures were introduced. In February 2015, the leading group of the CPC Central Committee for comprehensively deepening reform adopted the overall plan for China's football reform and development at the 10th meeting in Beijing. In March 2015, the national conference put forward the overall plan for the reform and development of Chinese football. As the main part of Chinese football reform plan, campus football has become a national strategy, and a new round of reform of campus football has been officially launched. Inner Mongolia is determined as the first Football Reform Pilot Administrative Region by the State Council[2]. Mongolia began to investigate the establishment of campus Football League led by universities, universities, middle schools and primary schools. And promote the popularity of campus football.

Table 1 Views on Football

	yes	no	Unclear	Do not want to answer
Is football good for health	93.2%	1.5%	5.3%	0
Can football feel happy	51.7%	22.5%	25.8%	0
Does football enhance friendship	76.7%	3.4%	16.9%	0
Is football a sport	70%	7.2%	22.8%	0

## 2.2 College Campus Sports Culture

University or university campus sports culture is the cultural activity of university campus environment, the main form of the training of students' sports spirit and sports skills, the main goal of improving students' physical and mental health. All students, students, all kinds of forms, are created by other educators.

## 3. The Influence of Football on the Sports Spirit of College Students

The so-called sports spirit of a university or university refers to the gradual accumulation, accumulation and training in the long-term construction of campus culture under the specific social and historical conditions in order to achieve the educational goals. Also, the sports tradition of college students. And, the code of action and group cognition. The cultivation of campus sports spirit is mainly the cultivation of sports competition spirit, will spirit, cooperation spirit, law and innovation spirit. Through the cultivation of sports spirit, improve students' sense of competition and stimulate their enthusiasm; please cultivate their strong will, improve their confidence and courage to overcome difficulties; please cooperate and cultivate their spirit with legal morality[3]; acquire knowledge and cultivate the innovation enthusiasm of applying knowledge to innovation spirit. Through the cultivation of campus sports spirit, the unique educational function of campus sports culture can be reshaped.

Can the spirit of innovation be reflected in the process of football. The results show that 53% of college students think it reflects the spirit of innovation, 16% of college students think it can not reflect the spirit of innovation, 31% of college students think it is not clear.

Can the spirit of hard work be reflected in the progress of football[4]. The results show that 84% of the college students think it reflects the spirit of hard work, 60% of the college students think it can not reflect the spirit of hard work, and 10% of the college students think it is not clear. 3. Can the spirit of competition be reflected in the process of football. 84% of college students think it reflects the spirit of competition, 5% of college students think it can't reflect the spirit of competition, 11% of college students think it's not transparent.



Fig.1 Proportion of Time for People to Practice Football

Can the spirit of abiding by laws and disciplines be reflected in the process of football? 65% of college students think it reflects the spirit of abiding by laws and regulations, 20% of them think it cannot reflect the spirit of abiding by laws and regulations, 33% of them think it is not transparent. 5. Can the spirit of cooperation be reflected in the process of football[5]. 86% of college students think it reflects the spirit of cooperation, 40% of college students think it can not reflect the spirit of cooperation, 10% of college students think it is not clear.

From the above questionnaire survey, we can see that most college students think that football reflects the spirit of innovation, hard work, competition, discipline and law, and reflects unity and cooperation. Modern football, in the initial sports beyond the game. It emphasizes comprehensive quality education with rich practical contents, omits and develops human wisdom, cultivates human feelings, cultivates human body and mind, and improves quality[6]. The ability to learn all kinds of skills and independent laws of movement and domination in all kinds of time and space conditions, and develop people's trains in particularly complex situations. Its value far exceeds the needs of fitness and entertainment. It has created precious spiritual wealth and gradually completed in the process of human civilization and cultural development.

#### 4. The Influence of Football on the Innovative Spirit of College Students

The results show that half of college students believe that playing rugby can reflect their innovative spirit. The important characteristic of football is that it needs a certain power of innovation. Continuous innovation is invincible. The basic tactical application of football is a positive and creative learning process. Basic football tactics can train students' brain, innovation, imagination and personality. Provide training space. The complexity and variability of football technology and tactics are for the function of students' sense organs, the adjustment of nerve center and the flexibility of various organs. In order to improve the control ability and analyze problems, it is for solving the ability of improving the brain. The spirit of role innovation is one of the most important qualities of college students, which can effectively promote the improvement of other qualities. From the perspective of social background, the spirit of innovation is urgently needed in today's society. Only with the spirit of innovation can we be invincible in the fierce competition. Football is the most innovative sport.

#### 5. Conclusion

The campus sports spiritual culture is a kind of spiritual wealth, all of which are formed by the surrounding college students or based on sports[7]. Including the corresponding sports morality, sports spirit, sports knowledge, sports fashion, sports concept and other ideological concepts.

Most of the students, through football in the sport of solid established the correct concept. The positive attitude of college students is mobilized, which basically forms a positive sports habit. Therefore, college students form relatively stable sports activities through football[8]. Fashion; watching TV, reading and communicating with friends and classmates, network, students are more likely to learn sports and football. For football is their college students' sports goal, it not only helps to enjoy comfortable body and mind and relax mood in the process of sports goal[9]; college students can basically abide by the spirit of innovation, hard work, competition, law-abiding and

football cooperation[10]. In the process of football, college students show collectivism quality, fair competition principle, sense of responsibility, organizational discipline and other sports ethics. In order to be utilitarian, most of the students adopt the method of avoidance.

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